

REPORT

Rotaract Club of Vivek College of Commerce

Small Briefing of Seminar Conducted
Photographs of Events and Seminar

Moderator:

- 1] Ms. Krinal Magia
- 2] Ms. Lubina Gonsalves

Core Team:

1. President: Yash Bhushan Ujgaonkar
2. Vice-President: Manish Pulluri
3. Secretary:
 - a] Mohan Avdhesh Gupta
 - b] Swati Tribhuvan Mishra
4. Sergeant At Arms:
 - a] Kolluri Saikumar Mallaiah
 - b] Pratibha Raju Pandula

Board Of Directors:

5. Treasurer: Ronak Shah
6. Directors For International
Projects:
 - a] Saudagar Sana
 - b] Rishikesh Jitendra Jadav
 - c] Oves Badra
7. Community Service:
 - a] Pawan Kumar P Bhat
 - b] Manthan Vinayak Pai
8. Club Service:
 - a] Revati Bommagani
 - b] Chinmaya Pairaiker
9. Professional Dept:
 - a] Sadhana Gupta Santosh
 - b] Haseena Shaikh

Total No. Of Rotaract's in the College: 16 Rotaract's

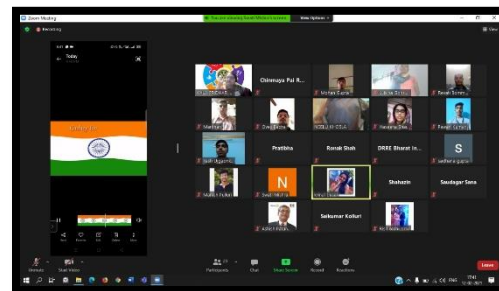
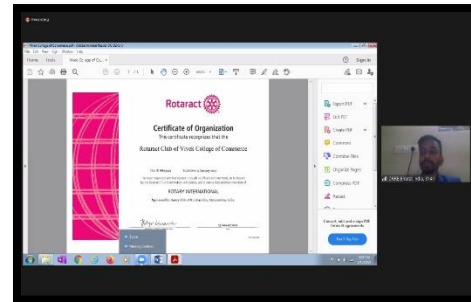
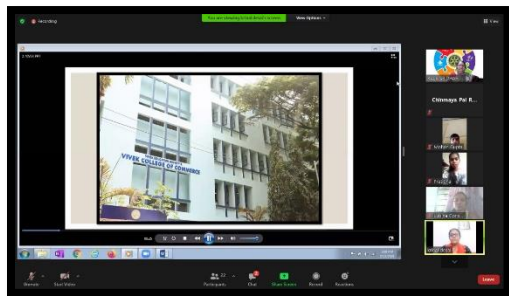
INSTALLATION

Date: 12th February 2021

Time: 5 pm to 6 pm

The Installation process was very fruitful everything went smoothly as it was planned. First of all, there was a nice Welcome by Ms. Krinal Magia Ma'am to The President of RCMJ Rtn. Kala Sridhar Ma'am, Chief Guest DRR Bharat Patel Sir and Ashish Patankar Sir and of all the Attendees with an energetic prayer and beautiful introduction of Vivek College of Commerce through presentation then everybody introduces themselves, Neelu ma'am invites everyone to talk, and also Neelu Ma'am was presenting Vivek College and Management, then introduction of Charter President and speech delivered by him, introduction of Charter Board Members, Introduction of RCMJ Rtn. Kala Sridhar Ma'am by Rotaract and a meaningful speech by them. Introduction of Chief Guest DRR Bharat Patel Sir through one of the Rotaract members, beautiful and meaningful speech delivered by him and also handing over the club charter, vote of thanks by Swati Mishra Secretary of the Rotaract club then NATIONAL ANTHEM.

No of Participants: 24



STRESS MANAGEMENT

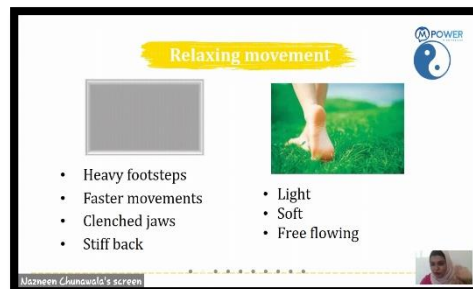
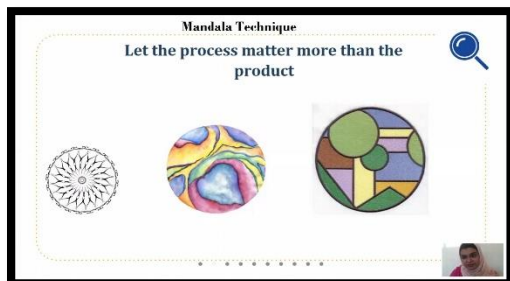
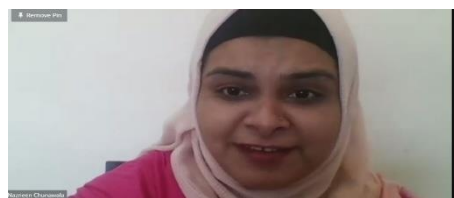
DAY ONE

DATE: 26th February 2021

TIME: 4pm to 5:30pm

The Stress Management Webinar was very helpful for most of the attendees, the Guest was a wonderful speaker Ms. Nazneen Chunawala. Her introduction was given by the President of the Rotaract Club of Vivek College of Commerce. About 40 to 45 have attended which include President of RCMJ Rtn. Kala Sridhar Ma'am, Professors of Vivek College of Commerce, Club Board Members of Rotaract and First Year students of the college. Firstly, Nazneen Ma'am introduce us with the topic then she started addressing the effects of the stress, how does it affect our life, like what are the advantages of the stress, how does it help in getting the work done. Ma'am also demonstrates us about how to overcome our stress through three easy solutions like using 5 senses, Mandala and imaging relaxed feelings in your minds. Due to Nazneen Ma'am it helped us to change the definitions of "Pagal Log Psychiatrist Ke Paas Jaate Hai", The Webinar was Ended with asking Questions and a beautiful Vote of Thanks by the Rotaract Members.

No of Participants: 35





Certificate of Participation



Issued to

Rotaract Club Of Vivek College Of Commerce

For attending the webinar on **Stress Management** under the aegis of RI District 3141, Lead Club Rotary Club of Bombay Hanging Garden , Coordinating Club Rotary Club of Mumbai Juhu & Mpower.

Mrs. Neerja Birla

Founder & Chairperson, Mpower

Rtn. Sunil Mehra

District Governor 2020-21

26th February , 2021



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STRESS MANAGEMENT

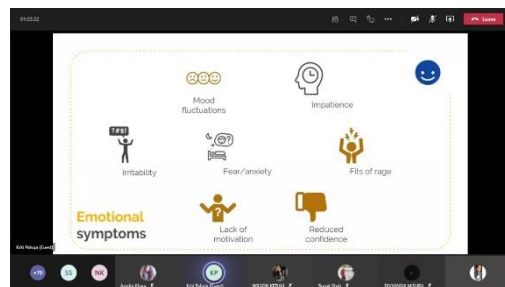
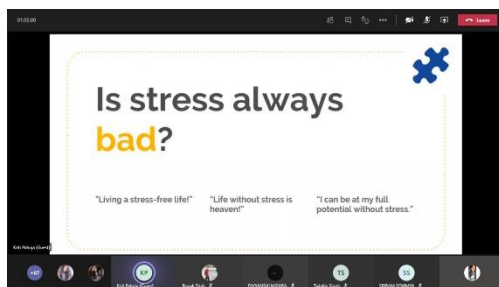
DAY SECOND

DATE: 5th March 2021

TIME: 4pm to 5:30pm

The Stress Management Webinar Day Two it went fabulous. Guest for the Webinar was Ms. Kriti Pahuja. Her introduction was delivered by one of the Rotaract Members Mr. Ronak Shah, Treasurer of the Club. Approximately, 50 to 70 attendees have attended the webinar including RCMJ Rtn. Kala Sridhar Ma'am, Professors, club board members, students from first and third year of the college. Kriti Ma'am started with the webinar with asking questions related to the topic of the webinar to know how much students know about it, then ma'am has started introducing the topic, telling us about the cons and pros about stress, showed different techniques about how to overcome stress. Afterwards, there was question answer round, then Vote of Thanks by Sai Kumar Sergeant At Arms and feedback form by Swati Mishra [Secretary].

No of Participants: 77





Certificate of Participation



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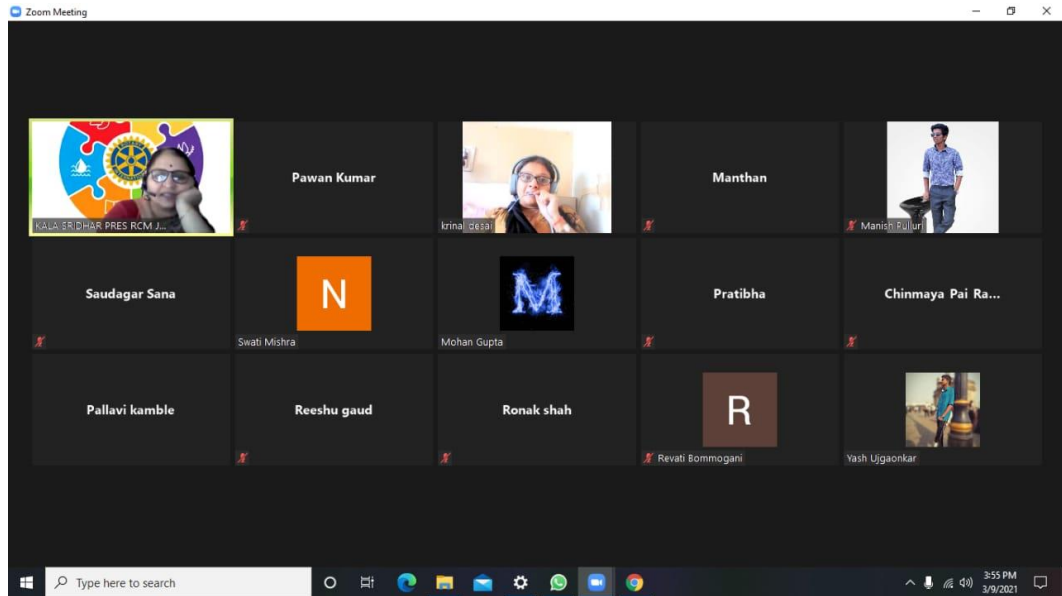
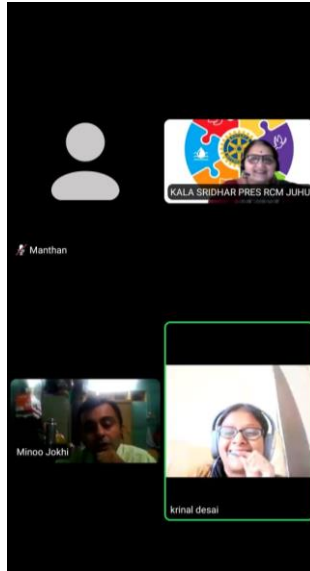
5th March, 2021



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SKIN, EYE AND ORGAN DONATION

DATE: 13th March 2021

TIME: 5pm to 6:15pm

The Webinar on skin, eye and organ donation was very knowledgeable and informative. Guest Speaker for the webinar were Ms. Sangeeta Panda, Rtn. Dr. Girish Trivedi and Dr. Shilpa Karnik. There were upto 30 to 32 Rotaract club who have attended the webinar. A nice and hearty welcome by Rtn. Kala Sridhar President of RCMJ to all the Guest speakers and attendees. Purpose of the day was delivered by PDG Praful Sharma and address was convened by Rtn. CA Rajesh Modi, afterwards Introduction of Speaker Ms. Sangeeta Panda by Rtr Yash Ujgaonkar, then Ma'am started with the session about telling What is Skin Bank? also explaining how the Skin Bank functions, which organs can be donated and what is the benefits of Skin and Organ Donation. Then introduction of Dr. Girish Trivedi by Rtr Neoman Sheikh, afterward sir started with explanation the importance of eye donation in today's world, how the process is conducted and also appeal the rotaracts of the club to take part in donation process in future. Introduction of Dr. Shilpa Karnik and Dr. Sunil Keshwani by Vedant Sapate, then ma'am started by giving more and precious information about donation and afterwards there was an interactive session with all the speakers which includes question answer round and also appeal to rotaracts with these a vote of thanks by Rtr Kunal Miskin from TCET.

No of Participants: 60



PROCESSING

All pieces of skin are checked and preserved in 85% Glycerol. Labelisation of skin is 100%.

Skin strips are trimmed properly, measured and Method

Freezing in separate sterile bundle Microwaving of testing Final storage Distribution of Skin

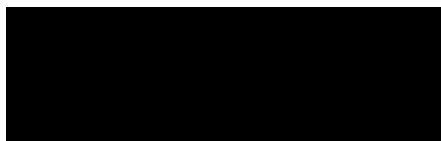
National Burns Centre Airoli

KALA SRIDHAR PRES RCM JUHU

Sangita Panda

Prafull Sharma

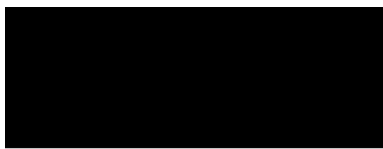
Rtn Pañkaj Agarwal



SKIN BANKS IN INDIA

Sr.No	Place of Skin Bank	Local Hospital	City, State
1	RCBN Skin Bank NBC	National Burns Centre	Mumbai, Maharashtra
2	Surya Hospital skin bank, Pune	Surya Sahyadri Hospital	Pune, Maharashtra
3	Ganga Hospital Skin Bank- Coimbatore	Ganga Hospital	Coimbatore, Tamil Nadu
4	Sun Hospital Skin Bank- Bhubaneswar, Orissa	Sun Hospital	Bhubaneswar, Orissa
5	Victoria Hospital, Bangalore	Victoria Hospital	Bangalore, Karnataka
6	Rotary Vedant Skin Collection Centre	Vedant Hospital	Nashik, Maharashtra
7	KLES DR Prabhakar kore Hospital, Belgaum	KLES DR Prabhakar kore Hospital and MRC BELAGAVI, Karnataka	BELAGAVI, Karnataka
8	Rotary Skin Bank Sangli	Sakshat Hospital, Sangli	Sangli, Maharashtra
9	Govt. Medical College Skin Bank	Govt. Medical College	Nagpur, Maharashtra
10	RM Skin Bank	Kasturba Hospital Mangal	Mangal, Karnataka

RCBN SKIN BANK, NBC, ARIOLI



SKIN & EYE DONATION AWARENESS PROGRAM



Talk on skin healing and skin donation To school teachers and students.

Talk on skin healing and skin donation to school students.

Skin donation awareness call

CONTRAINDICATION TO SKIN & EYE HARVESTING

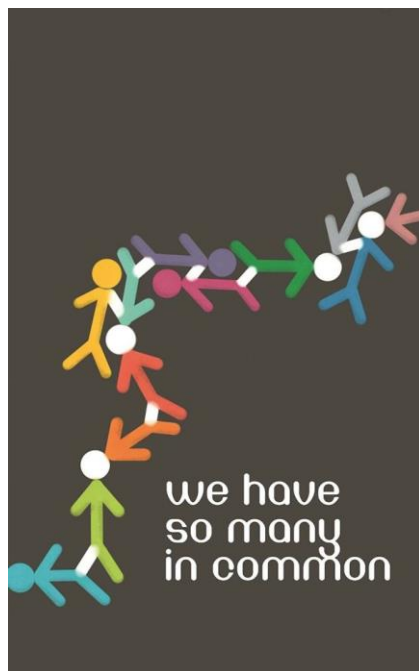
Skin & Eye cannot be harvested from donors with

- Secondly transfused disease
- Skin infection
- Septic or Bacteremia
- Malignancy (including sarcoma, carcinoma, lymphoma and melanoma)
- Parasitosis or other respiratory infection
- Active Jaundice
- HIV, HCV & HBs Ag positive

Sangita Panda's screen

Unmute Start Video Share Participants More

Unmute Start Video Share Participants More





Rotary Club of Mumbai Borivali East, RID 3141
Rotary Club of Delhi Shahdara, RID 3012 & National Burns Centre
in Coordination with R C Cotton City Raichur, RID 3160



ROTRASKIN

Webinar on Skin, Eye & Organ Donation
Organized by



TEAM ROSDAC

in association with

Rotary Club of Mumbai Juhu



Certificate Of Co-hosting

Rotaract Club of Vivek College of Commerce

This Certificate is Presented to _____

for Co-hosting in **ROTRASKIN**, a Webinar on **Skin, Eye & Organ Donation Awareness** held on 13th March, 2021. We appreciate your contribution to spread the awareness in Society. We are looking forward to many outstanding projects with your excellent support in future.

Rtn. CA Rajesh Kumar Modi
Chief Event Co-ordinator

Rtn. Ravi Sehgal
Event Co-ordinator

Rtn. Shiva Girish
Event Co-ordinator

Rtn. Vikash Srivastava
President, RCD Shahdara

Rtn. Sanjay Tari
President, RCMBE